

REON POCKET PRO

Use this manual if you encounter any problems or have any questions when using your REON POCKET PRO.

About this Help Guide

This Help Guide is the manual for the models RNPK-P1/RNPK-P1T. The models sold may differ depending on the country or region.

Recommended pages in the Help Guide

[Using the dedicated neckband](#)

Explains how to attach and detach the neckband.

Using REON POCKET TAG

[REON POCKET TAG Help Guide](#)

For information on how to use REON POCKET TAG, RNPT-1 (sold separately or included with the RNPK-P1T), refer to the Help Guide at this link.

The models sold may differ depending on the country or region.

[Before use](#)

[Checking the package contents](#)

[Names of parts](#)

Charging

[Charging the unit](#)

[Battery duration](#)

[Checking the remaining battery level](#)

Preparations

[Using the unit with the neckband](#)

[Using the unit with the air vent cover](#)

[Using the unit by holding it in your hand](#)

[Operating from the unit](#)

Installing the dedicated app “REON POCKET”

[Installing the “REON POCKET” app](#)

[Overview of the “REON POCKET” app screen](#)

Operating from the “REON POCKET” app

[COOL mode](#)

[WARM mode](#)

[SMART COOL ⇄ WARM mode](#)

[Starting/stopping operation by attaching/detaching \(AUTO START/STOP\)](#)

Registering and initializing

[Unregistering the unit](#)

[Controlling the unit with another smartphone](#)

[Initializing the unit](#)

Precautions and specifications

[Precautions](#)

[To prevent burning or malfunction due to getting wet](#)

[Notes on cleaning](#)

[Specifications](#)

[Trademarks and copyrights](#)

[Notes on the License](#)

Troubleshooting

[When the unit cannot be operated or charged](#)

[When the mode LED flashes in purple](#)

[Checking the support site \(FAQ and other\)](#)

Before use

Notice on use

- The REON POCKET PRO is intended for use in daily outings, commuting, and light exercise (e.g. walking, golfing). Please note that this product is not waterproof.
Please refrain from using the product in the following environments.
 - Strenuous work or exercise (e.g. running) at a level that causes intense sweating
 - Rain, snow, or other conditions where the unit is exposed to moisture
 - Prolonged use under hot sun
- Since the product is a precision device, do not subject the product to strong impacts such as dropping or throwing it.
- When the unit is operated with the setting [COOL], warm air may be ventilated from the air vent depending on the temperature of the surrounding environment. If you are concerned about this, lower the temperature setting level of [COOL], or refrain from using the unit.

When using in [COOL] mode

- Wear breathable and loose-fitting clothing.
- To divert exhaust from the air vent at the top of the unit, use the long or short type of air vent cover depending on your clothing. If you use the unit without the air vent cover, make sure that your clothing does not block the air vent.
- Be sure to create adequate room around your neck by taking off your tie, opening the top button of your shirt, etc. This will improve air flow from the air vent.
- Wear white or other light-colored clothing that absorbs less heat from the sun than dark clothing.
- Do not intentionally block the air inlet or air vent.
- Do not use the unit when sleeping.

When using in [WARM] mode

- If the unit feels too hot, stop using it immediately.
- Do not use the unit when sleeping.

Notice on heat stroke

The REON POCKET PRO is not intended to be used as a heat stroke prevention device.

Please refer to the information website of Ministry of the Environment, Government of Japan for guidelines on daily living to prevent heat stroke.

Air temperature (typical value)	Guideline for life activities that need attention	Precautions
Danger (above 35°C)	Risks in all life activities	The elderly are at high risk of developing heat stroke, even in a resting state. Avoid going outside as much as possible and move to a cool room.
Severe Warning (31°C — 35°C)		Avoid hot sun when going out, and be careful of rising room temperature when indoors.
Warning (28°C — 31°C)	Risks in moderate or increased life activities	Take regular and sufficient rest when exercising or doing strenuous work.

Air temperature (typical value)	Guideline for life activities that need attention	Precautions
Caution (below 28°C)	Risks in strenuous life activities	Generally, there is little danger, but there is a risk of occurrence during strenuous exercise or heavy labor.

From the website “Heat Illness Prevention Information,” Ministry of the Environment, Government of Japan

Notice about water

When your hands are wet, do not touch the unit or the supplied USB cable, and do not charge the unit.

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Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNP-K-P1/RNP-K-P1T

Checking the package contents

If anything is missing, consult Sony Authorised Service Centre.
The number in the parentheses indicates the number of pieces.

Note

- The models sold may differ depending on the country or region.

RNP-K-P1

The unit, the air vent cover (short), and the band extensions are attached to the neckband at the time of purchase.

- REON POCKET PRO unit (RNP-K-P1) (1)
- NECKBAND (RNPB-NP1) (1)
- Air vent cover (short) (1)
- Air vent cover (long) (1)
- L-shaped USB Type-C® cable (USB-C® — USB-C) (1)
- Band extensions (2)
- Startup Guide (1)
- EUROPEAN GUARANTEE INFORMATION DOCUMENT* (1)
- Warranty (valid only in Japan)* (1)
 - Warranty applies to the REON POCKET PRO unit (RNP-K-P1) only.

* For details on warranty in countries and regions other than Europe or Japan, refer to the page below.
<https://reonpocket.sony.com/support/warranty/>

USB AC adaptor is not included. Use a commercially available USB AC adaptor.

Using the air vent cover

For details on using the air vent cover, refer to “[Using the unit with the air vent cover.](#)”

RNP-K-P1T

The unit, the air vent cover (short), and the band extensions are attached to the neckband at the time of purchase.

- REON POCKET PRO unit (RNP-K-P1) (1)
- NECKBAND (RNPB-NP1) (1)
- Air vent cover (short) (1)
- Air vent cover (long) (1)
- REON POCKET TAG (Tag) (RNPT-1) (1)
- Lithium coin cell battery (CR2032) (inserted in the tag) (1)
- L-shaped USB Type-C® cable (USB-C® — USB-C) (1)
- Band extensions (2)
- Startup Guide (RNP-K-P1) (1)
- Startup Guide (RNPT-1) (1)
- EUROPEAN GUARANTEE INFORMATION DOCUMENT* (1)
- Warranty (RNP-K-P1) (valid only in Japan)* (1)
- Warranty (RNPT-1) (valid only in Japan)* (1)

* For details on warranty in countries and regions other than Europe or Japan, refer to the page below.
<https://reonpocket.sony.com/support/warranty/>

USB AC adaptor is not included. Use a commercially available USB AC adaptor.

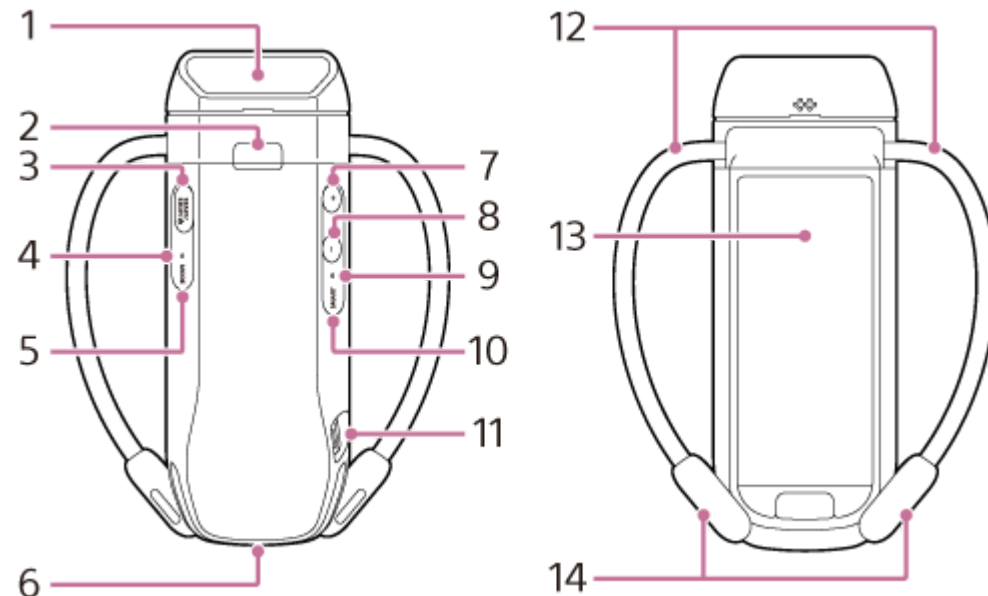
Using the air vent cover

For details on using the air vent cover, refer to "[Using the unit with the air vent cover.](#)"

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Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

Names of parts



The unit, the air vent cover (short), and the band extensions are attached to the neckband at the time of purchase.

1. Air vent
2. Neckband release button
3. START/STOP/⏻ (power) button
4. Mode LED
5. MODE button
6. Air inlet
7. + (plus) button
8. - (minus) button
9. Status LED
10. SMART button
11. USB port
12. Band
13. Cooling/warming section
(Material: Stainless steel SUS316L)
14. Band extensions

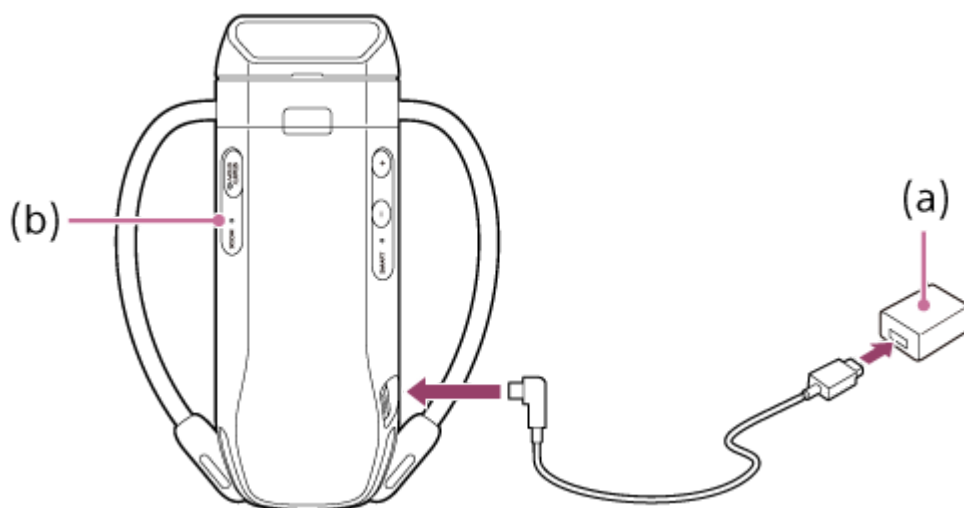
For details on “Names of parts” of REON POCKET TAG (sold separately or included with the RNPk-P1T), refer to the following Help Guide. (The models sold may differ depending on the country or region.)

https://rd1.sony.net/help/reonpocket/rnpt1/h_zz/

Charging the unit

The unit has a lithium-ion battery. When you use the unit for the first time or have not used it for a long time, charge the unit for 30 minutes or more.

Cooling or warming is possible while the unit is being powered by a USB connection with a portable battery, computer or a USB AC adaptor. (The built-in battery of the unit is not charged during cooling or warming.)



- 1 Open the USB port cover and connect the unit to a commercially available USB AC adaptor (a) using the supplied USB cable.**

The mode LED (b) will light up in red, and charging will start.

- 2 When the mode LED turns off, disconnect the USB cable from the unit and the USB AC adaptor.**

The mode LED turns off when charging is complete.

When charging starts from a discharged state, the battery will be 90% charged in about 130 minutes, and fully charged in about 200 minutes.

(The charging time may vary depending on the USB AC adaptor you are using.)

Note

- Charge the battery in an ambient temperature of 5°C to 40°C.
- Do not touch the unit, USB cable, or USB AC adaptor with wet hands.

Related Topic

- [Battery duration](#)
- [Checking the remaining battery level](#)

Battery duration

The amount of time that the unit can be used with one full charge

The following is the guideline for battery duration for each temperature level during cooling or warming operations. The values for the [COOL] mode are guidelines for when you use the unit while staying still in an environment with a room temperature of 30°C.

The battery duration varies depending on the usage and environment.

When using in [COOL] mode

- RNPK-P1/RNPK-P1T
 - Level 1: About 34 hours
 - Level 2: About 27 hours
 - Level 3: About 18 hours
 - Level 4: About 10 hours
 - Level 5: About 5 hours and 30 minutes

When using in [WARM] mode

- RNPK-P1/RNPK-P1T
 - Level 1: About 10 hours
 - Level 2: About 8 hours
 - Level 3: About 6 hours and 30 minutes
 - Level 4: About 5 hours and 30 minutes

Hint

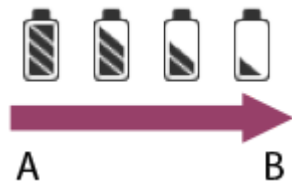
- In the case of continuous use, operation will be paused at the following times.
 - When using in [COOL] mode: About 15 hours
 - When using in [WARM] mode: About 8 hours

Related Topic

- [Charging the unit](#)
- [Checking the remaining battery level](#)

Checking the remaining battery level

You can check the battery level of the unit by the battery icon on the “REON POCKET” app.



A: Full

B: Low

Note

- The correct remaining battery level may not be displayed under some operating or environmental conditions.

To check the remaining battery level on the unit

Press and hold the MODE button on the unit for about 2 seconds, and the mode LED blinks in red for the number of times according to the remaining battery level.

Blinks 4 times: Full



Blinks 1 time: Low

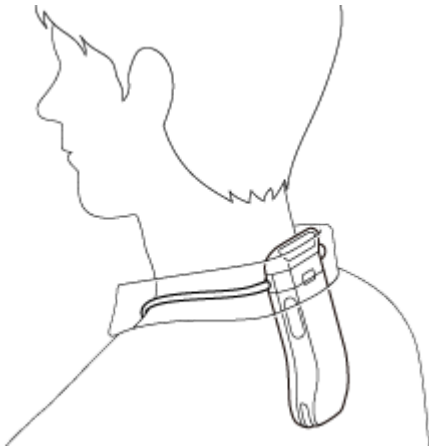
Related Topic

- [Charging the unit](#)
- [Battery duration](#)
- [Overview of the “REON POCKET” app screen](#)

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

Using the unit with the neckband

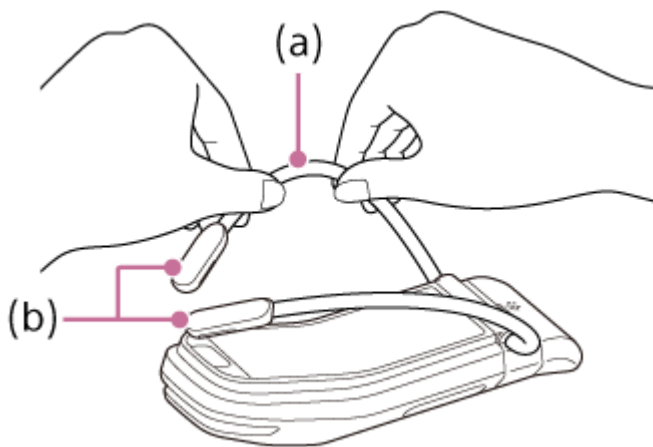
The unit is attached to the neckband at the time of purchase. Wear the neckband as is and place the band around the bottom of your neck so that the cooling/warming section of the unit comes into direct contact with your skin.



For details on how to use the dedicated neckband, also refer to the support site.

<https://reonpocket.sony.com/support/>

Adjusting the band

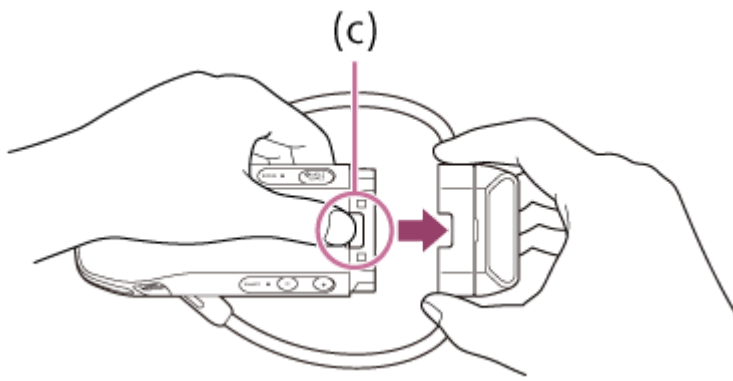


To adjust the band size around your neck, or to improve the contact of the cooling/warming section with your skin, take the neckband off, then adjust the band (a).

The band can be bent freely. Hold the band and adjust the width and angle with a small amount of force.

The band extensions (b) at the tips of the band are removable. If you feel the band is long, remove the band extensions to adjust the length.

Detaching the neckband from the unit / Attaching the neckband to the unit



Remove the neckband straight out while pressing and holding down the release button (c).
To attach the neckband, push it into the unit until it fits firmly.

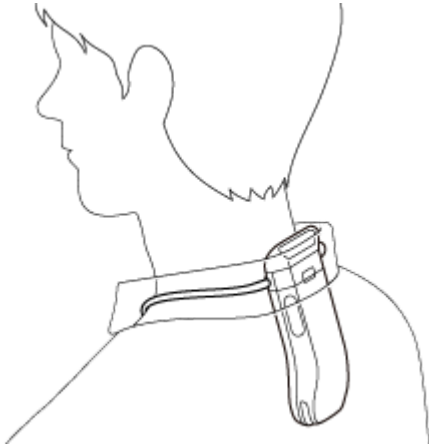
Related Topic

- [Using the unit with the air vent cover](#)

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

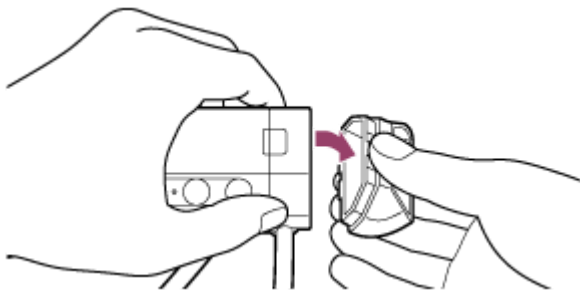
Using the unit with the air vent cover

At the time of purchase, the air vent cover (short) is attached to the neckband. To divert exhaust from the air vent at the top of the unit, use the long or short type of air vent cover depending on your clothing.



If you use the unit without the air vent cover, make sure that your clothing does not block the air vent.

Detaching the air vent cover from the neckband / Attaching the air vent cover to the neckband



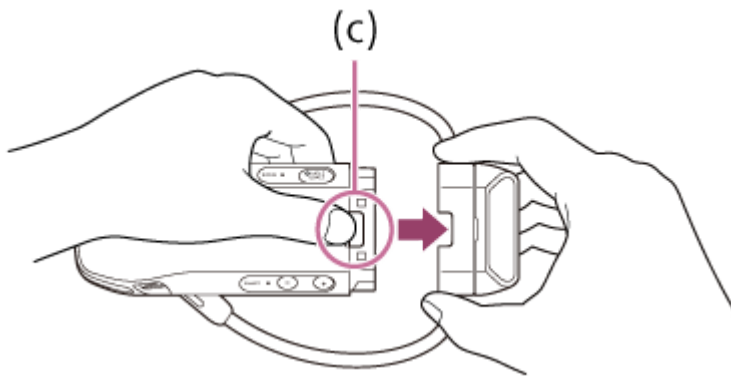
Hold the top and bottom of the air vent cover with your fingers and remove it downwards.

To attach the air vent cover, align the tabs with the notches on the neckband and push it into the neckband until it fits firmly.

Using the unit by holding it in your hand

You can use the unit by holding it and putting the cooling/warming section to your skin.

To detach the neckband from the unit



Remove the neckband straight out while pressing and holding down the release button (c).
To attach the neckband, push it into the unit until it fits firmly.

When carrying the unit

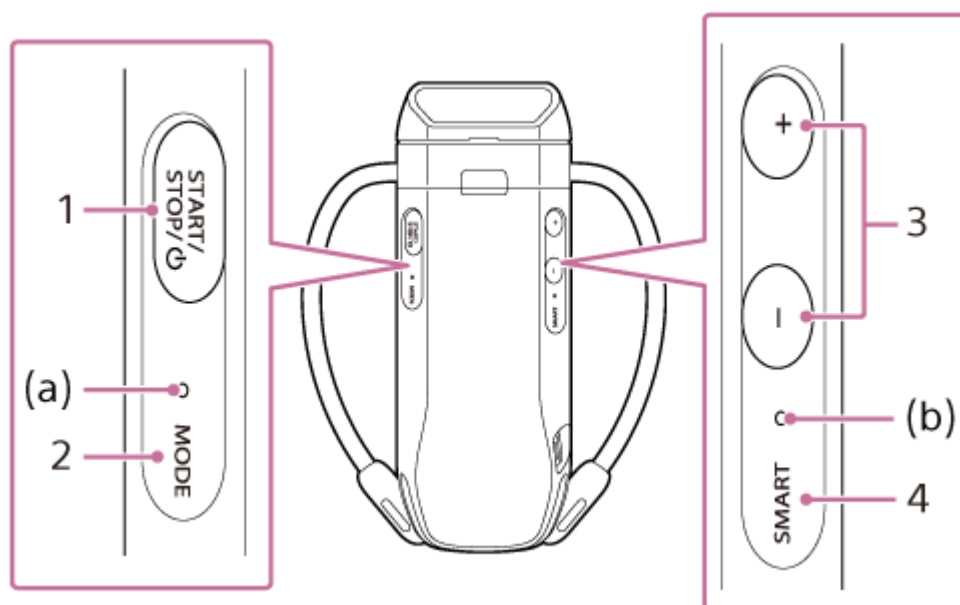
When carrying the unit in a bag, it is recommended to put the unit in a small pouch to prevent sharp objects such as a key from scratching the cooling/warming section.

Note

- Do not operate the button of the unit with wet hands.

Operating from the unit

You can perform cooling/warming operations by using the following buttons on the unit.



1. START/STOP/ ⏻ (power) button

Starts/stops operation. Pressing and holding the button for about 2 seconds turns the unit on/off.

2. MODE button

Switches between COOL (cooling operation) and WARM (warming operation).

- When the mode is changed, the mode LED (a) will light up for about 5 seconds in the color shown below corresponding to the mode.

- SMART COOL ⇔ WARM mode*: green
- SMART COOL / MANUAL COOL mode: blue
- SMART WARM / MANUAL WARM mode: orange

* REON POCKET TAG (sold separately or included with the RNPK-P1T) is required to use this function. For details on how to use REON POCKET TAG, refer to the following Help Guide. (The models sold may differ depending on the country or region.)
https://rd1.sony.net/help/reonpocket/mpt1/h_zz/

- After switching modes, the mode LED (a) will be in the following state depending on the operating condition.
 - Operating: Remains lit in a color corresponding to the current mode.
 - Stopped: Flashes continuously in a color corresponding to the current mode.

3. + (plus) button / - (minus) button

Switches to the MANUAL COOL / MANUAL WARM mode. You can adjust your desired cooling/warming intensity.

- When starting the MANUAL COOL / MANUAL WARM mode or when changing the cooling/warming level, the status LED (b) flashes in the color shown below the number of times corresponding to the cooling/warming level.
 - MANUAL COOL mode: blue
 - MANUAL WARM mode: orange

4. SMART button

Switches to the SMART COOL / SMART WARM mode. The unit automatically adjusts the cooling/warming intensity based on the environment and your desired settings.

- When the unit is operating in the SMART COOL ⇔ WARM / SMART COOL / SMART WARM mode, the status LED (b) lights up in green.

Hint

- If the unit is linked to REON POCKET TAG, the operating mode will change in the following order each time you press the MODE button.
SMART COOL ⇔ WARM mode → COOL mode → WARM mode → SMART COOL ⇔ WARM mode...
- While the unit is switching between modes, the mode LED (a) will flash for about 10 seconds in a color corresponding to the new mode.
- When the unit is operating in the MANUAL COOL / MANUAL WARM mode, the status LED (b) does not light up.

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Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

Installing the “REON POCKET” app

Install the “REON POCKET” app on your smartphone. After the installation, register the unit to your smartphone via Bluetooth® connection on the initial setup screen.

Note

- In advance, turn on the Bluetooth function on your smartphone.
- If you are using an Android smartphone, allow the “REON POCKET” app to access the location information.

1 Download the “REON POCKET” app from Google Play or the App Store and install it.

<https://reonpocket.sony.com/app/download/>

2 Launch the “REON POCKET” app and follow the on-screen instructions to perform the initial setup.

Proceed with the initial setup by following the on-screen instructions. When the Bluetooth connection between the unit and your smartphone is established, the unit is registered to your smartphone. The status LED on the unit lights up in blue for about 1 minute and then goes off.

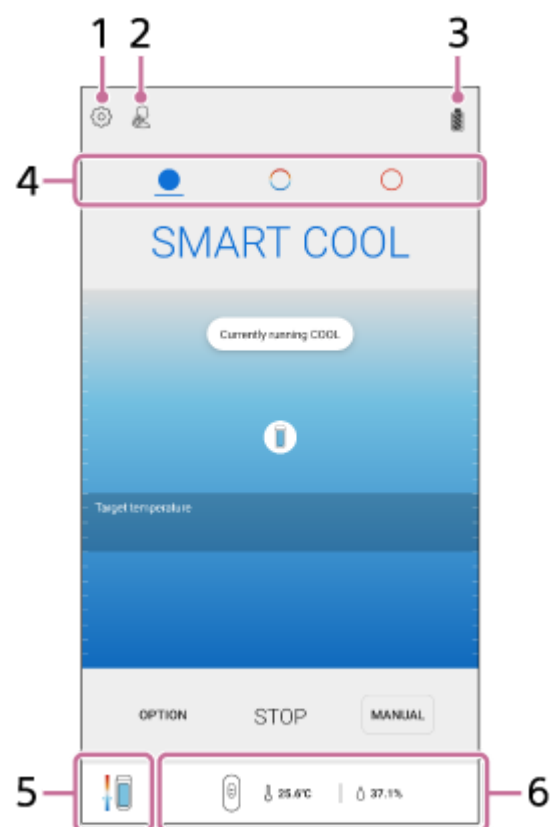
Hint

- If the connection between your smartphone and the unit is not stable, bring them closer to stabilize the connection.

Overview of the “REON POCKET” app screen

This page introduces items common to each mode of the app.

The SMART COOL screen (RNPK-P1) is used as an example. For the specific items in each mode, refer to the respective pages.



1. Settings icon

Tap to configure the various settings (such as [AUTO START/STOP]), to unregister or to initialize the unit, and to check the versions of the unit and the app.

2. [AUTO START/STOP] icon

Indicates that the [AUTO START/STOP] function is active.

3. Battery icon

Indicates the remaining battery level of the unit.

4. Mode icons

○ (COOL): Tap to switch to the SMART COOL screen for using in cooling operation.

- [COOL mode](#)

○ (SMART COOL ⇄ WARM)*: Tap to switch to the SMART COOL ⇄ WARM screen, which automatically switches between cooling operation and warming operation.

- [SMART COOL ⇄ WARM mode](#)

○ (WARM): Tap to switch to the SMART WARM screen for using in warming operation.

- [WARM mode](#)

5. Temperature indication of the cooling/warming section

Indicates the guideline for the temperature of the contact surface of the unit. Tap to show the details of the temperature of the contact surface, as well as tips and notes.

6. Temperature/humidity*

Displays the temperature and humidity measured by REON POCKET TAG (sold separately or included with the RNPK-P1T). (The models sold may differ depending on the country or region.)

* REON POCKET TAG (sold separately or included with the RNPK-P1T) is required to use this function. For details on how to use REON POCKET TAG, refer to the following Help Guide.

https://rd1.sony.net/help/reonpocket/rnpt1/h_zz/

Related Topic

- [COOL mode](#)
- [WARM mode](#)
- [SMART COOL ⇄ WARM mode](#)
- [Checking the remaining battery level](#)

COOL mode

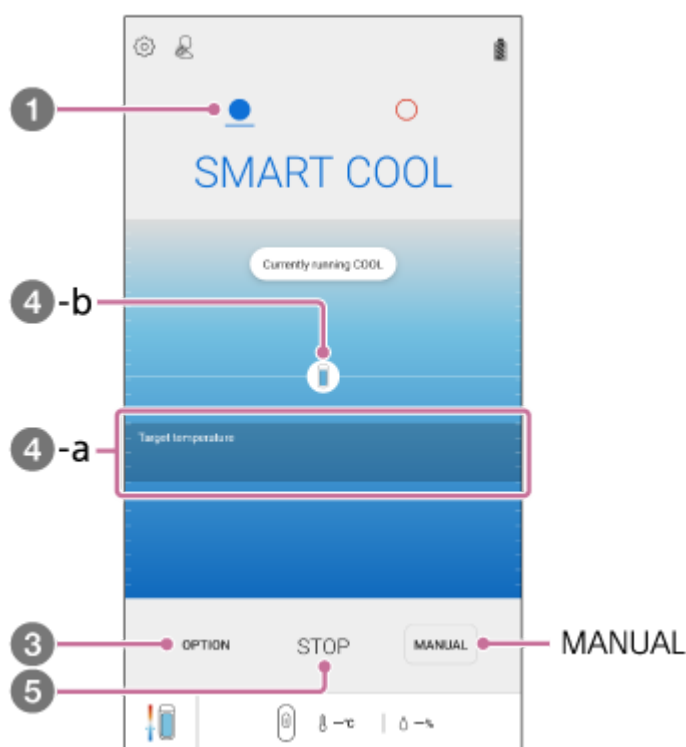
This page introduces recommended use to make the cooling/warming section cool (SMART COOL mode).

In the SMART COOL mode, the unit automatically adjusts the temperature of the cooling/warming section according to the following conditions.

- The temperature around the unit
- Your movements such as walking or staying still
- The temperature and humidity data sent from REON POCKET TAG*
- Your temperature preference

* When the unit is linked to REON POCKET TAG (sold separately or included with the RNPk-P1T) (The models sold may differ depending on the country or region.)

According to the temperature of the cooling/warming section and the conditions above, the unit may automatically increase or reduce the cooling intensity or pause operation.



1 On the “REON POCKET” app screen, tap  (COOL icon).


2 If the above screen is not displayed, tap [START].

3 Tap [OPTION].

4 Set the temperature preference.

Once the setting is made, cooling operation will start. The unit automatically adjusts the temperature of the cooling/warming section.

- Target temperature (4-a): Indicates the target temperature range of the cooling/warming section (depending on the temperature preference that you have set).

- Unit icon ( -b): Indicates the current temperature of the cooling/warming section. The circle around the unit icon indicates the intensity of cooling. When the unit automatically pauses cooling operation, the icon becomes translucent.

5 To stop cooling, tap [STOP].

Using in the MANUAL COOL mode

In the MANUAL COOL mode, the cooling strength is kept at the selected temperature level.

Tap [MANUAL], and then tap the desired temperature level.

The temperature level changes as follows.

[1] (low) → [2] → [3] → [4] → [5] (strong)

Note

- When the following abnormalities are detected, the cooling operation automatically stops (the mode LED flashes in purple for about 8 seconds).
 - The temperature inside the unit has become extremely high.
 - The temperature of the cooling/warming section has become extremely low.
 - The fan inside the unit is not working properly.

For details, refer to “ [When the mode LED flashes in purple](#) .”

Hint

- The exhaust volume of the fan is automatically controlled according to the temperature inside the unit.

Related Topic

- [WARM mode](#)

WARM mode

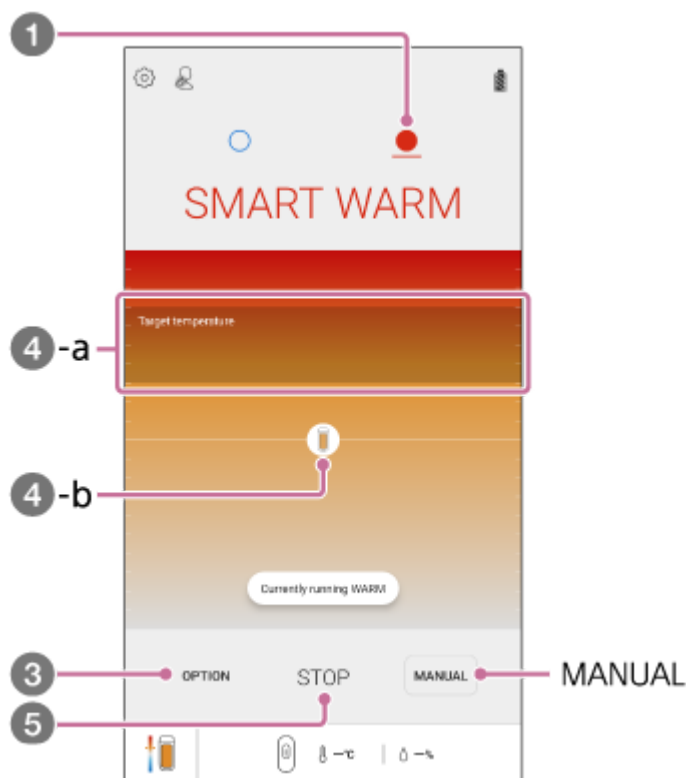
This page introduces recommended use to make the cooling/warming section warm (SMART WARM mode).

In the SMART WARM mode, the unit automatically adjusts the temperature of the cooling/warming section according to the following conditions.

- The temperature around the unit
- Your movements such as walking or staying still
- The temperature and humidity data sent from REON POCKET TAG*
- Your temperature preference

* When the unit is linked to REON POCKET TAG (sold separately or included with the RNPk-P1T) (The models sold may differ depending on the country or region.)

According to the temperature of the cooling/warming section and the conditions above, the unit may automatically increase or reduce the warming intensity.



1 On the “REON POCKET” app screen, tap  (WARM icon).

2 If the above screen is not displayed, tap [START].

3 Tap [OPTION].

4 Set the temperature preference.

Once the setting is made, warming operation will start. The unit automatically adjusts the temperature of the cooling/warming section. When warming operation has continued for about 1 hour, operation is paused for about 1 minute, and then resumes automatically.

- Target temperature (④ -a): Indicates the target temperature range of the cooling/warming section (depending on the temperature preference that you have set).
- Unit icon (④ -b): Indicates the current temperature of the cooling/warming section. The circle around the unit icon indicates the intensity of warming. When the unit automatically pauses warming operation, the icon becomes translucent.

5 To stop warming, tap [STOP].

Using in the MANUAL WARM mode

In the MANUAL WARM mode, the warming strength is kept at the selected temperature level.

Tap [MANUAL], and then tap the desired temperature level.

The temperature level changes as follows.

[1] (low) → [2] (medium) → [3] (strong) → [4] (maximum)

- When warming operation has continued for about 1 hour, operation is paused for about 1 minute, and then resumes automatically.
- The warming operation will automatically stop in about 8 hours.

Note

- When the following abnormalities are detected, the warming operation automatically stops (the mode LED flashes in purple for about 8 seconds).
 - The temperature inside the unit has become extremely high.
 - The temperature of the cooling/warming section has become extremely high.

For details, refer to “ [When the mode LED flashes in purple](#) .”

Related Topic

- [COOL mode](#)

SMART COOL ⇄ WARM mode

This page introduces use to switch between cooling operation and warming operation automatically (SMART COOL ⇄ WARM mode) by linking data between the unit and REON POCKET TAG (sold separately or included with the RNPK-P1T).

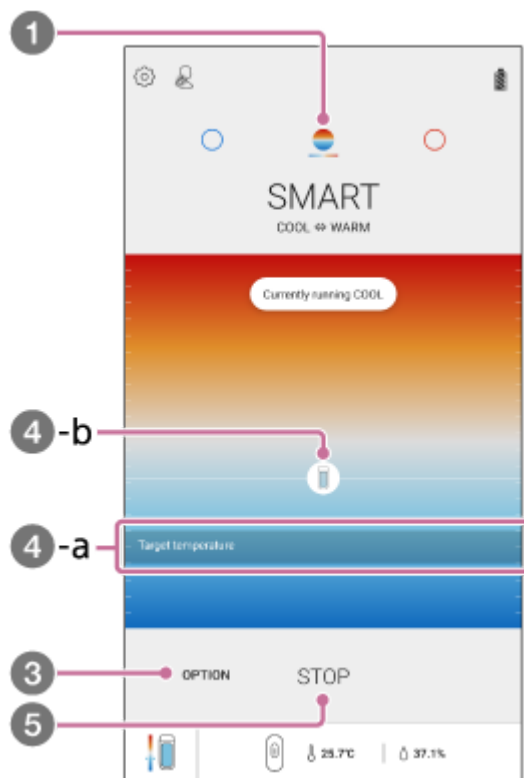
Note

- REON POCKET TAG (sold separately or included with the RNPK-P1T) is required to use this function. (The models sold may differ depending on the country or region.)
For details on how to use REON POCKET TAG, refer to the following Help Guide.
https://rd1.sony.net/help/reonpocket/rnpt1/h_zz/

In the SMART COOL ⇄ WARM mode, the unit automatically adjusts the temperature of the cooling/warming section while switching between cooling operation and warming operation automatically according to the following conditions.

- The temperature around the unit
- Your movements such as walking or staying still
- The temperature and humidity data sent from REON POCKET TAG
- Your temperature preference

According to the temperature of the cooling/warming section and the conditions above, the unit may automatically increase or reduce the cooling/warming intensity or pause operation.



1 On the “REON POCKET” app screen, tap  (SMART COOL ⇄ WARM icon).

2 If the above screen is not displayed, tap [START].

3 Tap [OPTION] — [Preference of temperature].

4 Set the temperature preference.

Set your temperature preferences for [COOL] and [WARM], respectively.

Once the setting is made, cooling/warming operation will start. The unit automatically adjusts the temperature of the cooling/warming section while switching between cooling operation and warming operation automatically.

When warming operation has continued for about 1 hour, operation is paused for about 1 minute, and then resumes automatically.

- Target temperature (4 -a): Indicates the target temperature range of the cooling/warming section (depending on the temperature preference that you have set).
- Unit icon (4 -b): Indicates the current temperature of the cooling/warming section. The circle around the unit icon indicates the intensity of cooling/warming. When the unit automatically pauses cooling/warming operation, the icon becomes translucent.

5 To stop cooling/warming, tap [STOP].

To set the temperatures at which cooling/warming operation switches

In the SMART COOL ⇄ WARM mode, you can set the reference temperatures at which the operating mode switches from cooling to warming and from warming to cooling.

1. Tap [OPTION] — [Switching Temperatures].

2. Set the switching temperatures by sliding the boxes to the left and right of the temperature bar.

- The temperature for switching to cooling operation cannot be set lower than the temperature for switching to warming operation.

3. Tap [Done].

Note

- When the following abnormalities are detected, the cooling/warming operation automatically stops (the mode LED flashes in purple for about 8 seconds).
 - The temperature inside the unit has become extremely high.
 - The temperature of the cooling/warming section has become extremely high or low.
 - The fan inside the unit is not working properly.

For details, refer to “ [When the mode LED flashes in purple](#) .”

Hint

- The exhaust volume of the fan is automatically controlled according to the temperature inside the unit.

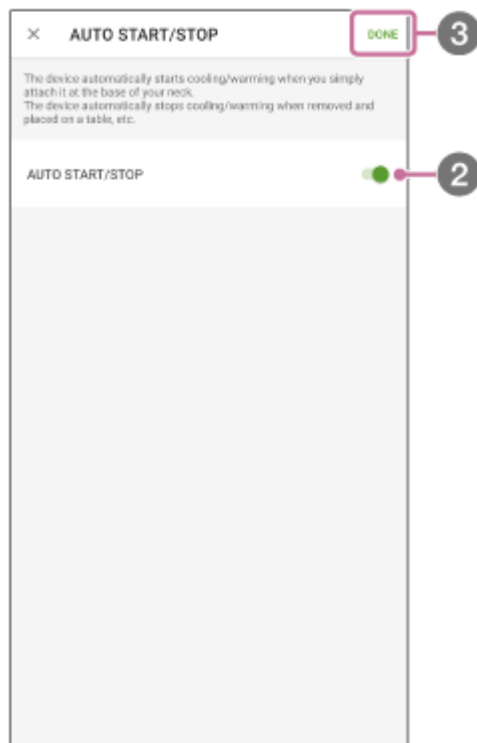
Related Topic


- [COOL mode](#)
- [WARM mode](#)

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPK-P1/RNPK-P1T

Starting/stopping operation by attaching/detaching (AUTO START/STOP)

The “AUTO START/STOP” function allows the unit to start cooling/warming automatically when you attach the unit to your neck, and allows it to stop cooling/warming automatically when you remove the unit and place it on a desk, etc. When started with the [AUTO START/STOP] function, the unit operates in the same mode as last time.



- 1 On the “REON POCKET” app screen, tap  (Settings icon) – [AUTO START/STOP].
- 2 Tap [AUTO START/STOP] switch.
- 3 Tap [Done] on the upper right corner of the screen.

The [AUTO START/STOP] function is switched on or off.

Note

- The [AUTO START/STOP] function may not work properly depending on the usage conditions, such as when you use the unit by holding it in your hand or when you attach the unit to a place other than the bottom of your neck.

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

Unregistering the unit

Only one unit can be connected to one smartphone at the same time.

If you have two or more REON POCKET units, take the following steps to unregister the connected unit from your smartphone, and then connect another unit.

1 On the “REON POCKET” app screen, tap  (Settings icon) — [Unregister Device].

2 Tap [Unregister].

The device registration of the unit is canceled. The “REON POCKET” app becomes the device registration screen.

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

Controlling the unit with another smartphone

Only one smartphone can be connected to one unit.

If you changed your smartphone model or if you wanted to use one REON POCKET unit with two or more smartphones, take the following steps to delete the information of the connected smartphone from the unit so that another smartphone can connect to the unit.

1 Press and hold the SMART button on the unit for about 5 seconds.

The information of the connected smartphone is deleted from the unit.

2 Launch the “REON POCKET” app on another smartphone to connect to the unit.

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

Initializing the unit

If you cannot control the unit properly with the “REON POCKET” app, try to initialize the unit.

Note

- The initializing deletes the setting information from the unit as follows:
 - Device registration information of the connected smartphone
 - Cooling/warming settings
 - The saved [Preference of temperature] settings for the SMART COOL mode, the SMART WARM mode, and the SMART COOL ⇄ WARM mode
 - The saved [Switching Temperatures] settings for the SMART COOL ⇄ WARM mode

1 On the “REON POCKET” app screen, tap  (Settings icon) — [Initialize Device].

2 Tap [OK].

The unit is initialized. After initialization, the “REON POCKET” app screen becomes the connection screen. After turning the unit on, press and hold the SMART button on the unit for about 2 seconds to start the connection.

Precautions

On the waterproof property

- Although this unit is designed to be splash-proof, it does not completely prevent dust and water droplets from entering the unit.
- Please do not use the unit in a humid place such as a bathroom, or expose it to rain or other liquids. Note that if trouble is diagnosed as exposure to water or other liquid, repair of the unit may not be covered by warranty or repair may not be possible. Repair, when possible, is not covered by warranty and is carried out at cost.

On handling the unit

- Do not use the unit if it is damaged. Doing so may cause injury. If the unit is damaged, stop using the unit immediately and contact the Sony Authorised Service Centre.
- To prevent damage to the neckband when you are using a backpack or a baby carrier sling, be careful not to put the load on the neckband. Also, be careful when you lean against the back of a chair.
- Do not expose the unit to direct sunlight or ultraviolet rays for many hours. It may cause discoloration of the unit.
- Do not subject the unit to strong impact such as dropping it on a floor. Do not drive a nail into the unit, hit it with a hammer, or step on it. Also, do not deform the USB port. Doing so may cause a malfunction.
- Avoid spraying the unit with insect repellent. It may cause deformation or discoloration.
- If the unit is not to be used for a long time, disconnect the USB Type-C® cable, carefully wipe off any perspiration, dirt, or moisture, and store in a proper location, avoiding locations subject to excessively high or low temperatures and high humidity. If a battery with expired service life is left in the unit for a long time, battery leakage may damage the mechanical parts.

On Bluetooth® communications

Microwaves emitting from a Bluetooth device may affect the operation of electronic medical devices. Turn off this unit and other Bluetooth devices in the following locations, as it may cause an accident:

- in hospitals
- near priority seating in trains
- locations where inflammable gas is present
- near automatic doors
- near fire alarms

Note on charging

Before charging, make sure that there is no moisture such as sweat on the USB port area or USB cable. If there is moisture on them, wipe it off with a soft, dry cloth, and leave the unit at room temperature to dry before charging.

To prevent low-temperature burns

Although this product is designed to prevent low-temperature burns, please pay special attention to the following points when using the product.

- Check the condition of your skin about once an hour. If you notice any abnormalities, stop using the unit immediately.
- If the unit feels too hot, stop using it immediately.
- Do not use the unit when sleeping.
- Do not use the unit in bedding or near heaters such as stoves.
- Pay special attention when someone with poor circulation or impaired skin sensation uses the unit.

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

To prevent burning or malfunction due to getting wet

Be sure to clean after use

Charging with liquid such as water or sweat or foreign objects such as dust attached to the unit may cause an accident such as burns or serious wounds due to fire, electrocution, heat generation, smoke, or ignition. It may also cause a malfunction.

Avoid the following situations and be careful not to get moisture or dirt on the unit



- Touching the unit without wiping your wet hands after doing housework in a kitchen or washing your hands in a washroom.
- Putting the unit in a bag with a cold PET bottle.
- Spilling a drink on the unit while eating or drinking.

If the unit gets wet or dirty, wipe it off with a dry, soft cloth

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

Notes on cleaning

- Wipe off any dirt gently with a soft cloth. If the unit is very dirty, soak a soft cloth in neutral detergent diluted with water, wring it out hard, wipe off the stain, and then wipe dry with a dry cloth. Do not use alcohol, benzene, thinner, etc.
- Strongly wiping off the unit using a cloth with dust may scratch the surface of the unit.

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Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPK-P1/RNPK-P1T

Specifications

Power source

DC 3.7 V: Built-in lithium-ion rechargeable battery
DC 5 V: When charged using USB

Operating temperature range

5°C to 40°C

Dimensions (w/h/d)

Approx. 130 mm × 58 mm × 170 mm (when the unit and the air vent cover (short) are attached to the neckband, including the band)
Approx. 58 mm × 36 mm × 134 mm (unit only)

Mass

Approx. 247 g (when the unit and the air vent cover (short) are attached to the neckband)
Approx. 194 g (unit only)

Communication specification

Communication system:

Bluetooth 5.0 Low Energy

Output:

Bluetooth Specification Power Class 2

Frequency band:

2.4 GHz band (2.4000 GHz to 2.4835 GHz)

External interface

USB Type-C®

System requirements for battery charge using USB

USB AC adaptor

A commercially available USB AC adaptor (USB-C®) capable of supplying an output current of 1 A (1 000 mA) or more

Supported operating systems

Check the following support page for supported operating systems.

<https://reonpocket.sony.com/support/device.html>

For details on “Specifications” of REON POCKET TAG (sold separately or included with the RNPK-P1T), refer to the following Help Guide. (The models sold may differ depending on the country or region.)

https://rd1.sony.net/help/reonpocket/rnpt1/h_zz/

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nRF5 SDK

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SoftDevice

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Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

When the unit cannot be operated or charged

When you cannot operate or charge the unit, or if an abnormality occurs, reset the unit. It may solve the problem. To reset the unit, press and hold the MODE button and the SMART button on the unit simultaneously for about 10 seconds.

When the reset is complete, the “REON POCKET” app becomes the connection screen.

Hint

- Even if you reset the unit, the following information will remain.
 - Settings for the SMART COOL mode, the SMART WARM mode, and the SMART COOL ⇄ WARM mode
 - The smartphone registered to the unit

If the problem persists, contact Sony Authorised Service Centre.

Related Topic

- [Checking the support site \(FAQ and other\)](#)
- [Contact information](#)

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPK-P1/RNPK-P1T

When the mode LED flashes in purple

In the following situations, the mode LED on the unit flashes in purple for about 8 seconds and cooling/warming stops automatically.

- The temperature inside the unit has become extremely high.
- The temperature of the cooling/warming section has become extremely high or low.

➡ In these cases, wait for a while and then try to control the unit again.

- There is a temporary problem inside the unit.
- The fan inside the unit does not work properly.

➡ In these cases, try to control the unit again.

If the problem persists, contact Sony Authorised Service Centre.

In the following situations, the mode LED on the unit flashes in purple for about 8 seconds and charging stops automatically.

- When charging the unit in extremely hot or cold environments

➡ In this case, leave the unit at room temperature for 1 to 2 hours, and then try charging the unit again.

If the mode LED on the unit flashes in purple repeatedly, the battery may not be charging properly, or there may be an abnormality in the charging function.

In this case, refer to the support site below.

<https://reonpocket.sony.com/support/>

Related Topic


- [Contact information](#)

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPK-P1/RNPK-P1T

Checking the support site (FAQ and other)

You can check the FAQ, troubleshooting methods and the latest information such as update on the support site below.
<https://reonpocket.sony.com/support/>

Hint

- You can also access the support site from the “REON POCKET” app screen. Tap  (Settings icon) — [Support Page].

Wearable Thermo Device Kit/Wearable Thermo Device Sensing Kit
RNPk-P1/RNPk-P1T

Contact information

For the latest information and the FAQ, refer to the support site. You can also check the contact information at the support site below.

<https://reonpocket.sony.com/support/>

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